

**Prior Learning:** In Year 3, children learned different ways to throw the ball. They learned how to dodge on their own and in a game situation. They learned how to block a ball. They also learned how to get in the ready position and catch the ball. They played various games competing against other introducing some of the dodgeball rules.

## Physical Me

**Throw**

**Catch**

**Dodge**

**Run**

**Flexibility**

**Agility**

**Balance**

**Co-ordination**

**Jump**

**Speed**

## Key Skills

### Value Me:

- Honesty
- Fairness
- Teamwork

### Thinking Me

- To make decisions in the game

### Social Me

- Communication
- Encourage
- Motivating

## Our Dodgeball Rules:

- All the children start by standing on the baseline
- At no point in the game can children cross the halfway line to the other team's half: If they do they are 'OUT'
- Children to throw the dodgeball at the other team, aiming to hit each other anywhere below the waist
- Hands cannot be used to block dodgeballs, only to try and catch
- When hit by a ball anywhere below the waist, they are 'OUT' of the game and must stand at the side of the court.
- If a team member CATCHES the ball, the person who threw it is 'OUT'
- NO head shots- if there are - the player that threw the ball is 'OUT'

## Key Vocabulary

Throw

Control

Technique

Underarm

Backhand throw

Focus

Grip

Block

Motivate

## Key Knowledge

**Block-**The defender may block a live ball with another ball.

- This ensures the ball is kept live on your side of the court and allows your team to keep the ball!

**Dodge-** To move your body quickly to avoid being caught

**Technique-** Technique is the method, procedure or way something is done. e.g how you throw a ball

