

Learning: In this unit, children will focus on a key word each lesson and experiment with different ways of moving using these words. Children will learn through this unit to negotiate space. They will begin to create dances on their own and in pairs.

Key Skills

Physical Me

Moving in different ways:

Turning, stamping, sliding, crawling skipping, jumping, hopping, galloping

Levels - Experimenting with dancing at different levels

Directions- Experiment with dancing in different directions

Balance, Agility and Co-ordination

Value Me:

- Passion (to enjoy the music and dancing)

Thinking Me

- Respond to my feelings
- Following dance moves

Social Me

- Taking turns
- Listening
- Watching a performance

Physical Development

Gross Motor Skills ELG

- Negotiate space and obstacles safely, with consideration for themselves and others
- Demonstrate strength, balance and coordination
- Move energetically, such as running, jumping, dancing, hopping and skipping

Key Vocabulary

Around

Through

Under

Big

Small

Above

Fast

Slow

Key Knowledge

Space- When dancing or moving around, it is important to look out for your friends and make sure you are safe.

Listening - It is important to listen to the music, this will help you to move in time to it.

Perform - This is when you show the dances that you have created to an audience - your friends and teachers.
- It is important, if you are watching, to sit down quietly to show respect to anyone that may be performing

