

ROUNDERS LESSON 3:

YR 5& 6

Learning Intention: How can you hit a ball in rounders in a different directions?

Yr 5

I can attempt bat a ball using a rounders bat

I can bat a ball using a rounders bat

I can bat a ball with confidence and begin to hit it in different directions

Yr 6

I can bat a ball using a rounders bat

I can bat the ball with confidence and begin to hit it in different directions

I can bat with confidence and hit it in a variety of directions

Resources:

30 x tennis balls

cones x 40

Rounders bats

Rounder balls

WARM UP:

Children to jog/skip/hop around in a given area and all to have a tennis ball:

Teacher to call commands:

Throw to yourself: player throws the ball up and catches it

Roll and switch: roll the ball to another player and swap balls

Throw and switch: roll the ball to another player and swap balls

Yr 4 extension: teacher to shout out '**TEN**' find a partner and throw the ball to each other 10 times.

ACTIVITY 1: Batting recap

Recap batting technique:

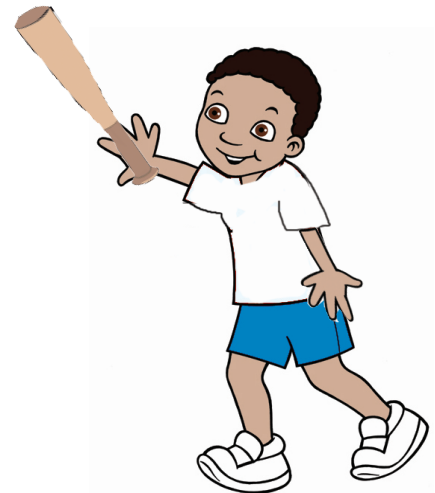
- Keep the batting arm relaxed
- Hold the end of the bat higher than the wrist
- The batter stands side on to bowler
- Hold bat back
- Stand with weight on the back foot
- Transfer body weight as you swing the bat
- Eye on the ball
- Be positive

1) Children to stand in pairs and recap the best way to hit a ball in rounders.

2) **Q& A How can you hit a ball in different direction?**

a) Place front foot in direction you want to hit the ball

b) Chest upper body faces the direction you want to hit the ball



Make it harder: Children can perform a backhand hit

ACTIVITY 2: Run the Loop

(4 v 4)

4 players. 4 Field

1 go each, 1 run = 1 point

Batter self hits between cones 2& 3 or 3&4

Batter has to run round cone 2 and back to cone 1, before fielding team touch cone 1 with the ball.

Fielders 3 deep to retrieve the ball & 1 fielder to touch the cone

Make it easier- **use a tennis bat**
- use a tennis ball



2) Progression: add bowler to the game

CHALLENGE:
Can they hit in both areas? 2&3, 3&4



Cone 4



Cone 3

Bowler



Cone 2

Make it easier: use tennis ball

Make it harder: use rounders ball

SAFETY - Use a tennis ball if you have less space



Cone 1

SAFETY: NEVER DROP THE BAT

Batting Rules:

Wait in the backward area well away from 4th post

- You will have one good ball bowled to you

- Batter can use 2 hands

- No ball if:

- Not smooth underarm action

- Ball is above head - below knee

- Ball bounces on way to you

- Is wide or straight at body

- The bowlers foot is outside the square during the bowling action

- **You can take or run on a no ball-**

but once you reach 1st post you cannot return.

You cannot be caught out and you score in the normal way on a no ball.

ACTIVITY 3: Rounders Game- one team takes the batting innings while the other team fields

1) The bowler bowls to the batter who hits the ball forward on the Rounders Pitch.

NOTE: IF ball is hit behind batters, go to 1st post only until the ball has crossed the line.

Split the class into 4 teams and have two games running at once.

2) The batter then runs to as many posts as possible before the fielders return the ball to touch the post the batter is heading for, or the ball is returned to the bowler in the square

3) SCORING:

- If the batter reaches the 2nd or 3rd post in one hit, the batting team scores $\frac{1}{2}$ a **Rounder**.
- If the batter reaches 4th post in one hit, the batting team scores **ONE Rounder**.
- 2 No BALLS from the bowler = $\frac{1}{2}$ rounder
- Obstruction by a fielder = $\frac{1}{2}$ Rounder

No more than 9 players may be on the field at any one time.

4) Hit behind = 1st post only - until the ball has crossed the line

5) A player becomes 'out' of the innings when:

- A batter runs on the inside of the posts
- A batter deliberately throws the bat.
- The post the batter is running to gets stumped
- A batter overtakes another batter on the track
- The batter gets caught out.
- The batter loses contact with the post when the bowler has the ball

6) Batters must touch 4th post on getting home.



2nd post



Note: You can set up the game using the cones, or use rounders posts.



3rd Post



Bowler



1st post



Make bowling and batting square with cones.



4th Post



Batter



If the ball is hit behind this imaginary line batter goes to 1st post only... They can run as soon as the backstop throws the ball over the imaginary line.

Safety area
Line up behind
Cone.

COOL DOWN

Children skip around an area, changing the speed of travel from a fast to a slow walk.

PLENARY

What is important when batting?