

# ROUNDERS LESSON 4:

YR 5&6

Learning Intention: How can you field a ball in rounders ?

Year 5

I can field the ball using a long barrier

I can field the ball using long barrier and attempting the run and scoop

I can field the using the run and scoop technique

Year 6:

I can field the ball using long barrier and attempting the run and scoop

I can field the using the run and scoop and throw to another player on my team

I can field the ball, moving into position scooping and throwing it accurately to another player

Resources:

30 x tennis balls

cones x 40

Rounders balls x 15

Rounders Bat x 10

Rounders posts x 8

## WARM UP: Hand Hockey

### Recap Long Barrier position from Yr 3&4 (if unsure look at lesson 4 rounders Activity 2)

1) Teams 4 v4 to set up their own pitches as shown below

2) Aim of the game is to get the ball into the opposite goal (like hockey/football)

**Rules: Roll the ball - NO THROWING**

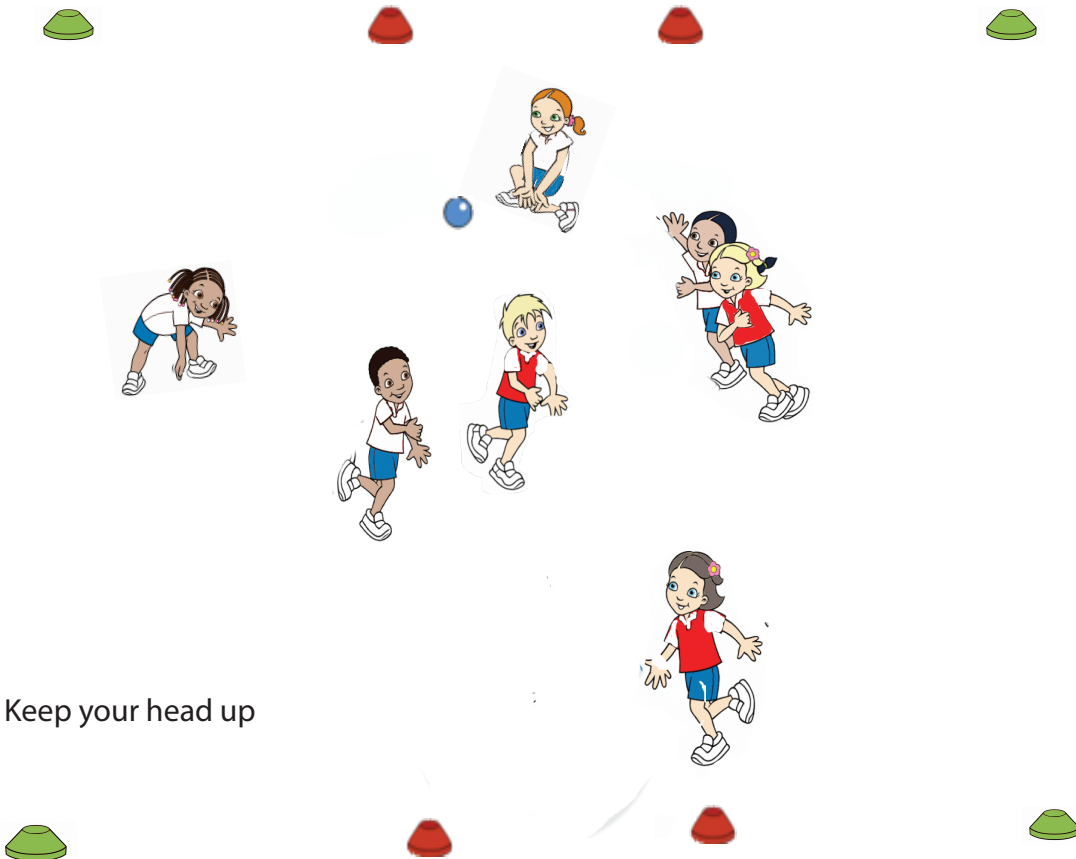
**NO Feet**

**Do not move with the ball**

**Receive the ball in long barrier**

**No contact with any other players (otherwise it goes to the other team)**

3) Start the game by players standing in their own goal- teacher to roll the ball in the middle to start the game



## ACTIVITY 3: Run and Scoop

### Teaching Point: Stopping

1. Watch – keep your eyes on the ball at all times
2. Move – Sprint to retrieve the ball
3. Bend – bend down and scoop up with one hand

### Yr 5 Activity:

1. Children work in pairs with a ball.
2. Child A and B to start off standing next to each other
3. Child A rolls the ball - child B sprints to get the ball and scoop it up with one hand and pass it back to Child A.
4. Children to have 3 goes each and swap over.
5. Children continue to repeat this.

Q & A – Which is the quickest way to pick up the ball? Foot next to the ball is the hand you use e.g. right foot right hand. Left foot left hand.

Make it easier: Use a tennis ball

Make it harder: Use a rounders ball



### Yr 6 Activity (progression):

1. Children work in 3's with a ball, post (or cone)
2. Child A and B to start off standing next to each other
2. Child A rolls the ball - child B sprints to get the ball and scoop it up with one hand and pass it back to Child C who is on the post- (they stomp the post when they receive the ball.)
3. Children to have 3 goes each and swap over.

Challenge: Child A to vary the throws e.g. underarm, over arm

Note: if you do not have rounders posts you can use a cone.



## ACTIVITY 2: Scatterball Game (batting)

**Note:** The batter may run around more than once

You can also swap teams around and create a mini tournament.

Children to get into teams of 5-6 (5v5, 6v6)

One team is throwing and the other teams field  
Bowler bowls four balls, in turn, to the same Batter

Batter bats the ball into field (encourage to throw into different area each time)

After 4th ball, Batter runs around pitch

**Fielders: can field but not return the balls until 4th ball is bowled.**

All balls must be returned to the square (bowler's position)

Rotate teams after Batters have had one go each

Scoring: 1 point for each post reached before all balls are in the square

Bowler to shout 'STOP' when all four balls have reached the square

Teacher to give rewards for children who show good fielding techniques.

**SAFETY: Batters- Do not drop the bat!**



**Note:** You can set up the game using the cones, or use rounders posts.

Make bowling and batting square with cones.

### COOL DOWN

Children skip around an area, changing the speed of travel from a fast to a slow walk.

### PLENARY

What is important when fielding using the long barrier?