

ROUNDERS LESSON 2:

YR 3 & 4

Learning Intention: How can you bowl a ball in rounders?

Yr 3

I can attempt to bowl the ball from a short distance

I can bowl a good ball (between the batters knee and head) from a short distance

I can consistently bowl a good ball (between the batters knee and head) from a short distance

Yr 4

I can bowl a good ball (between the batters knee and head) from a short distance

I can consistently bowl a good ball (between the batters knee and head) from a short distance

I can attempt to bowl from the correct bowling distance 7.5 metres

Resources:

30 x tennis balls

cones x 40

Hoops x10

WARM UP:

Children to jog/skip/hop around in a given area and all to have a tennis ball:

Teacher to call commands:

Throw to yourself: player throws the ball up and catches it

Roll and switch: roll the ball to another player and swap balls

Throw and switch: roll the ball to another player and swap balls

Yr 4 extension: teacher to shout out '**TEN**' find a partner and throw the ball to each other 10 times.

ACTIVITY 1: Bowling Fun

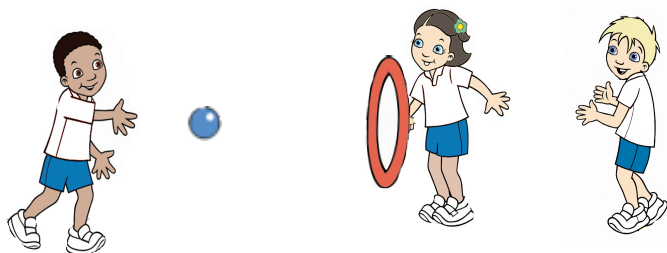
Teacher to explain the bowling rule in Rounders.

1) In pairs practice bowling the ball to each other.

If the ball is above the head/below the knee children to call out "No Ball"

2) Teacher could ask children to demonstrate good examples.

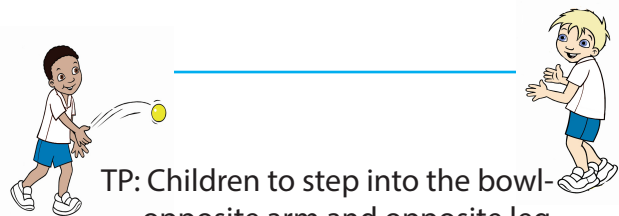
3) **YR 4 extension: Can they get into 3's and bowl through a hoop?**



Bowling Rules:

The bowler must bowl a ball towards the batter so that:

- it is thrown with a smooth underarm action
- the ball arrives without bouncing and within the batter's square
- the ball is above the batter's knee, below the batter's head, and **not** at the batters body
- the bowler's feet are inside the bowler's square when the ball is bowled otherwise a 'no-ball' is called.



Make it easier: move closer together

More able: Move further away to bowl

Challenge: the distance to bowl in a game of rounders is 7.5 metres- can they do this?

ACTIVITY 2: Scatterball Game:

Repeat the scatterball game from last week.
This week children to really concentrate on their bowling.

Note: The batter may run around more than once

You can also swap teams around and create a mini tournament.

Yr 4 Progression: Batters to use rounders bat to hit the ball rather than throw

Children to get into teams of 5-6 (5v5, 6v6)

One team is throwing and the other teams field

Bowler bowls four balls, in turn, to the same Batter

Batter catches ball and throws into field (encourage to throw into different area each time)

After 4th ball, Batter runs around pitch

Fielders: can field but not return the balls until 4th ball is bowled.

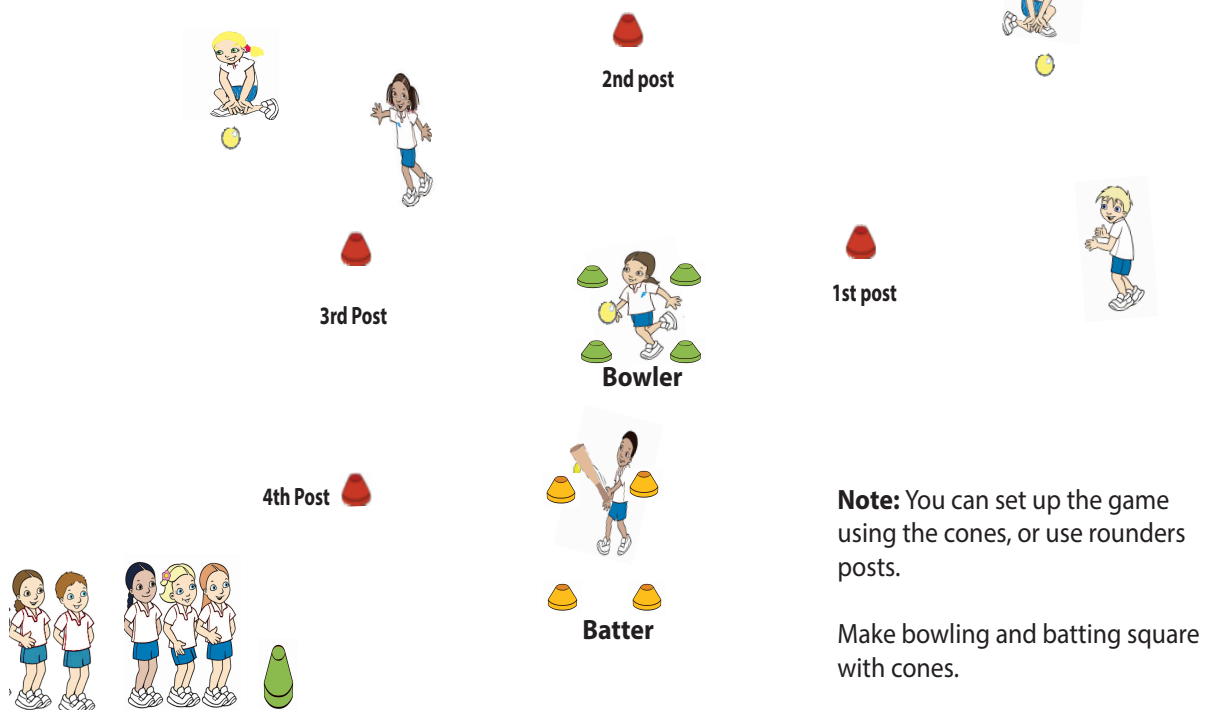
All balls must be returned to the square (bowler's position)

Rotate teams after Batters have had one go each

Scoring: 1 point for each post reached before all balls are in the square

Bowler to shout 'STOP' when all four balls have reached the square

IMPORTANT - ALWAYS RUN WITH THE BAT - NEVER DROP IT



Safety area
Line up behind
Cone.

COOL DOWN

Children skip around an area, changing the speed of travel from a fast to a slow walk.

PLENARY

How can you bowl the ball in rounders?
What was important when playing the game of scatterball?