

# DODGEBALL 'SOCIAL FOCUS' LESSON 5 - Year 1 & 2

Learning Intention: *How can we compete when working as part of a team?*

Year 1

I can sometimes work with others in a team

I can work with others in a team and usually compete fairly against other teams

I can work with others in a team and compete fairly against other teams

## EQUIPMENT:

15 medium-sized balls, hoops  
cones, mats, benches.

Year 2

I can work with others in a team and usually compete fairly against other teams

I can work with others in a team and compete fairly against other teams

I can work well with others in a team and always compete fairly against other teams

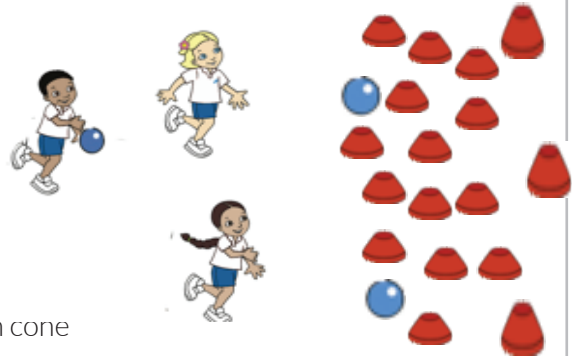
## WARM UP: Mr Men

Children to move around as the different 'Mr Men' when the teacher calls the following;

- Mr Happy – skip around smiling.
- Mr Grumpy – stomp around with a grumpy face.
- Mr Friendly – skip around waving at their friends.
- Mr Encouragement - skip around giving their friends “a thumbs up”.
- Mr Sleepy – lie on the floor pretending to be asleep.
- Mr Wobbly – wobble around like jellies.
- Mr Polite - shake hands with the nearest person and say “hello”.

## ACTIVITY 1: Bowls

1. Children to work in teams of 5 or 6.
2. Each team has one ball.
3. The first child must roll the ball aiming to hit one of the cones – if they hit a cone they get to pick it up and bring it back for their team (maximum of one cone can be collected each time – even if the ball hits more than one cone).
4. The child that rolls must run and collect their ball and bring it back for the next child in their team.
5. Keep playing until all the cones have gone.
6. Each team counts the number of cones they managed to hit – each cone small cone = 1 point. Large cone = 2 points.



Q & A – How can you work well with others in your team? E.g. collect the ball as quickly as possible for the next person in your team.

7. Repeat again – with children focusing on working as a team.

*Social focus (SF) – How can you work as part of a team to get the best result for the team?*

- *What did you learn last lesson? Positive language- how can you use this with your group?*

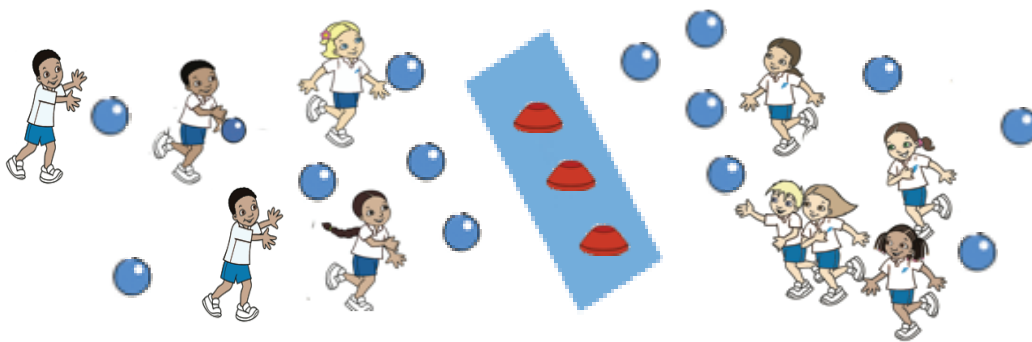
- *How can you work together to add up your scores?*

*Key words and values for teamwork- Respect, trust, honesty, listen, co-operation.*

## ACTIVITY 2: Ball Pit

1. Set up the area as shown in the picture.
2. Split the players into 2 equal teams.
3. Each game is 2 - 3 minutes.
4. Each team starts sitting on the baseline of their half – with 7 or 8 soft balls placed in each half (ball pit).
5. When the teacher calls “go” children have to underarm roll/throw the balls into the other team’s half (ball pit).
6. Children have to continually stop and throw any balls that enter their pit back into the other team’s pit.
7. Any balls that roll out of the back or side of the pit count as being in, so children need to collect these as well.
8. The teacher should count down to the end of game, e.g. ” 5, 4, 3, 2, 1, stop!” Any balls thrown after this time are added to that team’s pit.
9. Count the balls in each pit to see the winner: then teams swap ends and get ready to play again. Play the best of 3 games.

*Social focus (SF) – Can everyone in your team compete fairly against the opposing team? E.g. not to try to win by unfairly rolling a ball once the game is finished.*



## ACTIVITY 4: Skittle Ball

1. Continue with the same set-up as the previous activity.
2. Place 4 skittles (tall cones) inside hoops – at the back of each half of the court.
3. The same rules as Activity 2 – but if you manage to hit a skittle it counts as 5 points for your team at the end of the game.
4. **No guarding** – children can not step inside the hoop when defending the skittles.

*Social focus – Work as a team to get your players back in the game and compete fairly against the opposing team - defend your skittles but keep to the rules.*

### COOL DOWN

*Teacher to repeat the warm up Mr Men game - only slow steps allowed.*

### PLENARY

*What did you enjoy about the lesson? How can you work as part of a team? How can you compete fairly against other teams?*